



19
DAYS

Luang Prabang
Phonsavan
Vang Vieng
Vientiane
Kong Lor
Savannakhet
Bolaven Plateau
4000 Islands

LAOS

SLOW BROCHURE

Rediscovering The Art of Slow Travel

It is not a secret that Laos, also known as the Pearl of the Mekong, is a place where "slow life" has a true meaning. The country is still not yet as modern as its neighboring countries and in some places it still looks like time has just stopped...

A lot of people chose to travel by land and on the rivers so they are able to enjoy the incredible views and landscapes that the country has to offer.

We have carefully designed these slow travel itineraries in order to display the best that Laos has to offer. There is something for everyone : cultural visits, ethic wildlife encounters, nature discovery...

If you have a little more time to spend here, you will not be disappointed by cruising down the Mekong River from Houayxay (up at the border with Thailand) to Luang Prabang, take the road from Luang Prabang to Vang Vieng and witness incredible views of the surrounding mountains or yet again take a few days to explore the South and its mysterious 4,000 Islands...

Slow traveling is the ultimate experience to discover a country intimately and we really wish you would give Laos a chance to blow you away!



Day 1

Luang Prabang Arrival

Welcome to Laos!

Day 2

Luang Prabang – Kuang Si waterfall – Buffalo Dairy Farm Pearl of the Mekong by bicycle.

Luang Prabang could have been designed with slow travel in mind as you explore some interesting small side streets, back alleys and temples on foot. This morning walking tour allows you to soak up the ambiance and appreciate the hidden charms of Luang Prabang. You will travel to Kuang Si waterfall and also visit the Buffalo Dairy Farm, which is well-known for its sustainable approach to local farming, an excellent way to finish your day.





Day 3 - 4 Luang Prabang – Home Cooking Class

A full day of exploring Lao food first hand - from market to home cooking, snack making and whiskey tasting. Heading to a local fresh market, where you will learn about local produce and then boarding a boat to cross the Mekong River where you will be greeted by friendly villagers and the family. Take a chance to make true authentic local food with the local specialties. Also, trying the famous river weed snacks, rice crackers and Lao rice whiskey

Day 5 - 6 Luang Prabang – Phonsavan

Phonsavan means “heaven on earth”, surrounded by green plains, tall trees and limestone formations that show a splendor of natural beauty. It's also the gateway to the Plain of Jars sites, named for their giant, mysterious sandstone jars.

Visit the Mulberries project, working to improve sericulture and support women by training them in creating high-quality silk handicrafts and giving them a steady income.

Day 7

Phonsavan – Vang Vieng

Get ready for a 230 km ride through a scenic mountainous landscape all the way to the small town of Vang Vieng.

Day 8 - 9

Vang Vieng – Vientiane The Different Facets of Vang Vieng

Your day starts with a form of an exercise by kayaking trip on the Nam Song River, which flows along stunning cast stone formations. You will reach a local Khamu village where you will interact with the local family and learn the traditions and culture of animism that is practiced by many ethnic minorities in Laos. Also, experience their typical Khamu dishes and how to make local rice wine, "Lao Hai". Follow with a visit to rice paddies on the other side of the river, passing by farmers working on the fields.





Day 10 

Vientiane – Vientiane City Tour by bike

Today, you will experience a unique way of exploring Vientiane on a bike tour by visiting the religious museums of Wat Sisaket, the oldest temple to have survived from the Siamese war of 1828. Afterwards, pedal to Wat Ho Pha Kheo, the former home of the Emerald Buddha statue from the early time of Lane Xang Kingdom until the 18th century. Also visit That Luang Stupa, the single most important monument in Laos.

Day 11 - 12

Vientiane – Kong Lor Visit Kong Lor Cave

In the morning we leave for a unique place, the Hinboun limestone nature reserve. Better known as the Khammouan National Park, it is renowned for its ancient forests, caves and underground rivers. We arrive in the evening in a valley, where our shelter is located in a traditional village. This is our base for two nights and you can take part in various activities. For example, embark on a beautiful walk along the river, through rice fields and villages in the area.

After breakfast we will visit the famous Kong Lor cave. This huge cave is where the Hinboun River flows an impressive 7 KM underground. Depending on the water level and the season, we will explore this cave further by boat.

Note; during heavy rainfall in the raining season or during extreme drought in the dry season, it sometimes is not possible to visit the cave



Day 13

Kong Lor - Savannakhet

You drive on to Savannakhet, a town located on the banks of the Mekong River. You can clearly see architectural remnants of the French period, as it even has a Catholic church, St. Theresa. The city is strategically located for trade between Thailand and the Vietnamese city of Danang. You can appreciate the city because of its location and atmosphere.

Day 14

Savannakhet – Bolaven Plateau

This day you set off for a scenic ride of 330 km, along the way passing Pakse, the capital city of Champasak province.

Day 15

Bolaven Plateau

One Day Tour Bolaven Plateau

An in-depth visit to Bolaven Plateau for a full day tour. Travel through the Lao countryside to Paksong province, where you can find the famous coffee fields and visit the local market. Stop at Tad Fane for a glimpse at the huge breathtaking twin waterfalls that plunge 200 meters down a gorge. Further stop Ban Kok Phuomh. Here you observe the many different ethnicities which define the area, such as the Katou, who are part of the indigenous Mon-Khmer people but also Khmu, Alat, Ngae, Kalung, Lavane and Katung live here.



Day 16

Bolaven Plateau – 4000 Islands

Day 17 - 18



4000 Islands –

Explore Don Khone by Bike

During this half-day exploration on one of the larger islands, Don Khone, you will bike through rice paddies, small villages and organic gardens, visit the old narrow-gauge railway that was built by the French colonists enabling them to bypass the waterfalls, the Lphi waterfalls themselves, and walk around an old railway engine car. You'll also cruise across the river to Cambodia to have an Angkor Beer and spot the endangered Irrawaddy dolphins, which are some of the only freshwater dolphins on earth.





Day 19

4000 Islands departure

Take your last glimpse of a traditional long trail boat back to the mainland. Last visit to the Khone Pa Pheng waterfalls, the biggest waterfalls of Asia.

Have a safe trip home! *

* **Alternatively:** continue your trip into Thailand or Cambodia!



sales.laos@khiri.com